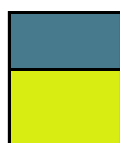




Harmonogram obłożenia siłowni 01.01.- 30.06.2019r.

| SIŁOWNIA | | | | | | | | | | | |
|----------|-------|--------------|--------|-------|----------|--------|--------|-----------|---------|-------|--|
| Godziny | | PONIEDZIAŁEK | WTOREK | ŚRODA | CZWARTEK | PIĄTEK | SOBOTA | NIEDZIELA | Godziny | | |
| Od | Do | | | | | | | | Od | Do | |
| 06:15 | 06:30 | | | | | | | | 06:15 | 06:30 | |
| 06:30 | 06:45 | | | | | | | | 06:30 | 06:45 | |
| 06:45 | 07:00 | | | | | | | | 06:45 | 07:00 | |
| 07:00 | 07:15 | | | | | | | | 07:00 | 07:15 | |
| 07:15 | 07:30 | | | | | | | | 07:15 | 07:30 | |
| 07:30 | 07:45 | | | | | | | | 07:30 | 07:45 | |
| 07:45 | 08:00 | | | | | | | | 07:45 | 08:00 | |
| 08:00 | 08:15 | | | | | | | | 08:00 | 08:15 | |
| 08:15 | 08:30 | | | | | | | | 08:15 | 08:30 | |
| 08:30 | 08:45 | | | | | | | | 08:30 | 08:45 | |
| 08:45 | 09:00 | | | | | | | | 08:45 | 09:00 | |
| 09:00 | 09:15 | | | | | | | | 09:00 | 09:15 | |
| 09:15 | 09:30 | | | | | | | | 09:15 | 09:30 | |
| 09:30 | 09:45 | | | | | | | | 09:30 | 09:45 | |
| 09:45 | 10:00 | | | | | | | | 09:45 | 10:00 | |
| 10:00 | 10:15 | | | | | | | | 10:00 | 10:15 | |
| 10:15 | 10:30 | | | | | | | | 10:15 | 10:30 | |
| 10:30 | 10:45 | | | | | | | | 10:30 | 10:45 | |
| 10:45 | 11:00 | | | | | | | | 10:45 | 11:00 | |
| 11:00 | 11:15 | | | | | | | | 11:00 | 11:15 | |
| 11:15 | 11:30 | | | | | | | | 11:15 | 11:30 | |
| 11:30 | 11:45 | | | | | | | | 11:30 | 11:45 | |
| 11:45 | 12:00 | | | | | | | | 11:45 | 12:00 | |
| 12:00 | 12:15 | | | | | | | | 12:00 | 12:15 | |
| 12:15 | 12:30 | | | | | | | | 12:15 | 12:30 | |
| 12:30 | 12:45 | | | | | | | | 12:30 | 12:45 | |
| 12:45 | 13:00 | | | | | | | | 12:45 | 13:00 | |
| 13:00 | 13:15 | | | | | | | | 13:00 | 13:15 | |
| 13:15 | 13:30 | | | | | | | | 13:15 | 13:30 | |
| 13:30 | 13:45 | | | | | | | | 13:30 | 13:45 | |
| 13:45 | 14:00 | | | | | | | | 13:45 | 14:00 | |
| 14:00 | 14:15 | | | | | | | | 14:00 | 14:15 | |
| 14:15 | 14:30 | | | | | | | | 14:15 | 14:30 | |
| 14:30 | 14:45 | | | | | | | | 14:30 | 14:45 | |
| 14:45 | 15:00 | | | | | | | | 14:45 | 15:00 | |
| 15:00 | 15:15 | | | | | | | | 15:00 | 15:15 | |
| 15:15 | 15:30 | | | | | | | | 15:15 | 15:30 | |
| 15:30 | 15:45 | | | | | | | | 15:30 | 15:45 | |
| 15:45 | 16:00 | | | | | | | | 15:45 | 16:00 | |
| 16:00 | 16:15 | | | | | | | | 16:00 | 16:15 | |
| 16:15 | 16:30 | | | | | | | | 16:15 | 16:30 | |
| 16:30 | 16:45 | | | | | | | | 16:30 | 16:45 | |
| 16:45 | 17:00 | | | | | | | | 16:45 | 17:00 | |
| 17:00 | 17:15 | | | | | | | | 17:00 | 17:15 | |
| 17:15 | 17:30 | | | | | | | | 17:15 | 17:30 | |
| 17:30 | 17:45 | | | | | | | | 17:30 | 17:45 | |
| 17:45 | 18:00 | | | | | | | | 17:45 | 18:00 | |
| 18:00 | 18:15 | | | | | | | | 18:00 | 18:15 | |
| 18:15 | 18:30 | | | | | | | | 18:15 | 18:30 | |
| 18:30 | 18:45 | | | | | | | | 18:30 | 18:45 | |
| 18:45 | 19:00 | | | | | | | | 18:45 | 19:00 | |
| 19:00 | 19:15 | | | | | | | | 19:00 | 19:15 | |
| 19:15 | 19:30 | | | | | | | | 19:15 | 19:30 | |
| 19:30 | 19:45 | | | | | | | | 19:30 | 19:45 | |
| 19:45 | 20:00 | | | | | | | | 19:45 | 20:00 | |
| 20:00 | 20:15 | | | | | | | | 20:00 | 20:15 | |
| 20:15 | 20:30 | | | | | | | | 20:15 | 20:30 | |
| 20:30 | 20:45 | | | | | | | | 20:30 | 20:45 | |
| 20:45 | 21:00 | | | | | | | | 20:45 | 21:00 | |



→ zajęcia siłownia senior

→ wysokie obłożenie



→ wejskie grupowe,

zamknięcie

zamknięcie